

# THE CARR *remote* EXPERIENCE

Issue No. V



From cooking in the kitchen, to playing with your kids, to organizing your closet, we've got a long list of ways to stay entertained and healthy this week.



## FOOD FOR THOUGHT

Before you head back to the grocery store to battle long lines, check out these [40 Easy Pantry Recipes](#).

Also, when writing your shopping list, make sure to include the ingredients for the below recipes from some of Instagram's most popular food bloggers, or opt for delivery and support your local restaurants.



**THERE IS NO sincerer love THAN THE LOVE OF food**

—George Bernard Shaw

TUESDAY - RECIPE



- **Monday:** Order delivery from [Hungry@Home](#) for amazing family-style meals, prepared by local chefs.
- **Tuesday:** [Sesame Chicken Green Bean Stir Fry](#) by Ambitious Kitchen
- **Wednesday:** [Loaded Mexican-Style Sweet Potato Skins](#) by Deliciously Ella
- **Thursday:** [The Most Delicious Whole30 Egg Roll in a Bowl](#) by Rachel Mansfield
- **Friday:** Support your local favorites by ordering contactless delivery through your preferred platform.
  - [Uber Eats](#)
  - [GrubHub](#)
  - [Caviar](#)
  - [DoorDash](#)
  - [Postmates](#)
- **Saturday:** [Filo Tart with Broccoli & Ricotta](#) by Izy Hossack
- **Sunday:** [Tempeh Cheesesteak Stuffed Bell Peppers](#) by Inspiralized



## SUPPORT OUR RETAILERS

[For Five Coffee](#) @ King I & 2311 Wilson  
[Casa Tequila Bar & Grill](#) @ 1701 Duke Street  
[Officina](#) @ The Hub



## GET MOVIN' AT HOME

Alleviate stress and stay on track with your fitness goals, by joining one of Synergy's free weekly [virtual classes](#). Whether you have an abundance of equipment at home or none at all, there is a class for you!

Synergy also offers free 20-minute "Kids' Recess" at 2:30 PM every Monday at the link above.



## KID'S CORNER

We know quarantining at home with kids isn't easy! For all the parents who need a good laugh, here are [35 Tweets about parenting in the age of Coronavirus](#) that we can all relate to.

The kids may be stuck inside, but they can still explore far off locations! Check out these [25 amazing virtual field trips for kids](#).

### Kid-Friendly Podcasts & Shows

- [Wow in the World](#)
- [The Past & The Curious](#)
- [What If World](#)
- [Noodle Loaf](#)
- [Brainchild](#)



## HOME ORGANIZATION

The Home Edit has extended their [14-Day Mini Edit](#) challenge. Click [here](#) to find another 14 days of pre-planned organization. No household clutter will stand a chance against you!



For more information or to submit content ideas, please reach out to Trisha Joyce at [tjoyce@carrprop.com](mailto:tjoyce@carrprop.com).

Additionally, for real-time announcements and updates surrounding the operations and management of your building, [click here](#).