

# THE CARR/emote/ EXPERIENCE BOSTON

Issue No. IX

In today's newsletter, check out new daily recipes, at-home haircut tips from the pros, and the latest fitness craze, sure to have you movin'!



Breakfast for dinner is a great way to mix up mealtime! Try one of these **30 delicious ways to eat eggs for dinner**.

Want to give your Top Chef skills a go? Check out the below recipes from some of Boston's best food bloggers. Or if you're tired of cooking, opt to order takeout and support your local community.



#### THERE IS NO SINCEYEY LOVE THAN THE LOVE OF GOD

-George Bernard Shaw



- Monday: Instant Pot BBQ Chicken by The Foodie Dietician
- Tuesday: Louisiana Barbecued Shrimp Linguine by The Food in My Beard
- Wednesday: <u>Beef Taco Skillet</u> by Fresh New England
- Thursday: <u>Beef Stroganoff</u> by Cooking with Books
- Friday: Support your local favorites by ordering contactless delivery from one of <u>Boston's best takeout and delivery</u> options, open during this time.
- Saturday: Order delivery from <u>Hungry@</u> <u>Home</u> for amazing, family-style meals, prepared by local chefs.
- Sunday: <u>Creamy Chipotle Salmon</u> by We Are Not Martha



WEDNESDAY - RECIPE

## **GET MOVIN' AT HOME**

Spice up your workout routine with a virtual **Boston Bollywood Dance Class**! Learn original choreography to songs from various South Asian films and #DanceltOut with #BostonBollywood.



#### **SELF-CARE**

With salons and barber shops now closed, #CoronaCuts is trending. To avoid being the victim of an <u>at-home haircut fail</u>, try these <u>tips</u> <u>from Jennifer Aniston's hairstylist</u> or learn <u>how to do a fade haircut</u> in less than 20 minutes!



### WILD HAPPENINGS

Wild animals have <u>taken over the empty streets</u> in major cities as humans stay at home to do their part in flattening the curve.

One unsuspecting resident of Brookline had the **battle of his life** with a vengeful turkey, while out for an innocent breath of fresh air!

For more information or to submit content ideas, please reach out to Trisha Joyce at <u>tjoyce@carrprop.com</u>.

Additionally, for real-time announcements and updates surrounding the operations and management of your building, <u>click here</u>.

#### CARR PROPERTIES HEADQUARTERS

THE HUB @ 1615 L ST NW SUITE 650 WASHINGTON, D.C. 20036

202.303.3080 carrprop.com