

THE CARR *remote* EXPERIENCE

Issue No. IX



In today's newsletter, check out new daily recipes, at-home haircut tips from the pros, and how local businesses are making it possible to keep your green thumb happy.



FOOD FOR THOUGHT

Breakfast for dinner is a great way to mix up mealtime! Try one of these [30 delicious ways to eat eggs for dinner](#).

If you are looking for an at-home Acai bowl, order a [build your own kit](#) from South Block, as they are now offering contactless delivery.

Want to give your Top Chef skills a go? The below recipes will have you claiming the top prize! Or if you're tired of cooking, order dinner in from one of our local retailers.



THERE IS NO sincerer love THAN THE LOVE OF food

—George Bernard Shaw



THURSDAY - RECIPE

- **Monday:** [Crispy Cheesy Pan Pizza](#) by Food52
- **Tuesday:** [Turmeric Roasted Chicken with Spicy Fried Shallots](#) by Good Food
- **Wednesday:** [Cheesy Mexican Chicken & Rice](#) by Modern Honey
- **Thursday:** [Baked Poblano Poppers with White Cheddar & Pinto Beans](#) by Vegetarian Ventures
- **Friday:** Support our retailers by ordering contactless delivery or curbside pick-up.
 - [Officina](#) @ The Hub (Coming Soon!)
 - [Grazie Grazie](#) @ Midtown Center (Coming Soon!)
 - [Sweet Leaf](#) @ Columbia Center
 - [For Five Coffee](#) @ King I & 2311 Wilson
 - [Casa Tequila Bar & Grill](#) @ 1701 Duke Street
- **Saturday:** [Cheeseburger Fried Rice](#) by Joy the Baker
- **Sunday:** Order delivery from [Hungry@Home](#) or amazing, family-style meals, prepared by local chefs.



GET MOVIN' AT HOME

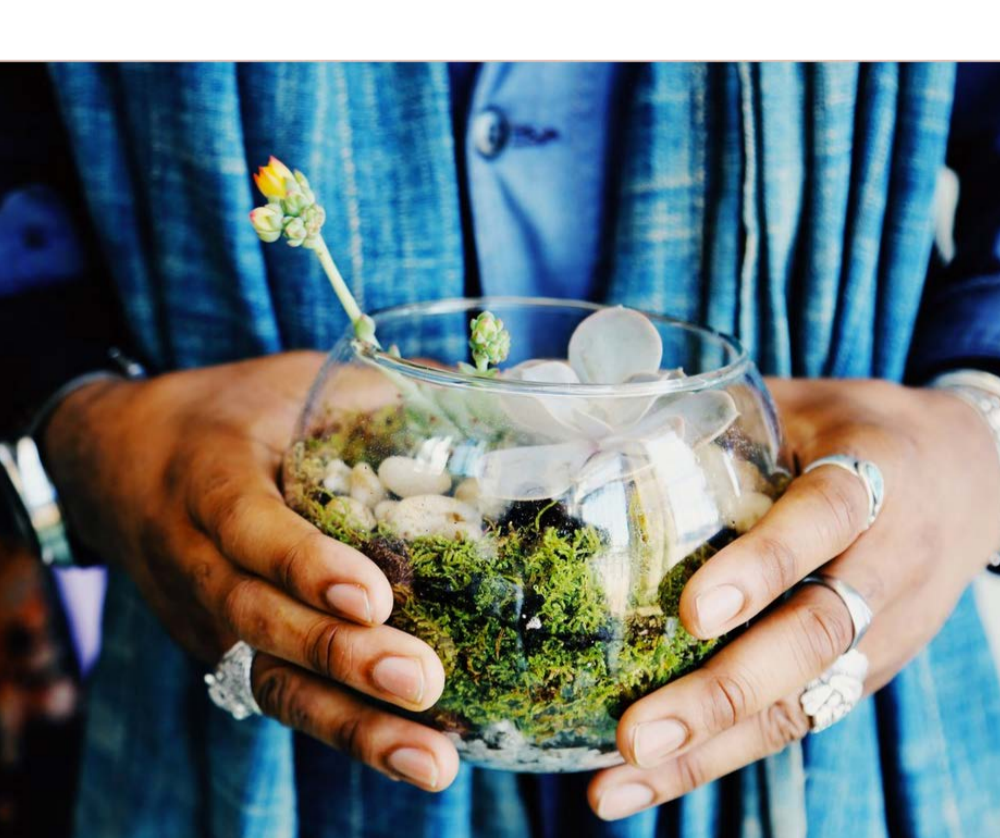
Alleviate stress and stay on track with your fitness goals, by joining one of Synergy's free weekly [virtual classes](#). Whether you have an abundance of equipment at home or none at all, there is a class for you!

Synergy also offers free 20-minute "Kids' Recess" at 2:30 PM every Monday at the link above.



SELF-CARE

With salons and barber shops now closed, #CoronaCuts is trending. To avoid being the victim of an [at-home haircut fail](#), try these [tips from Jennifer Aniston's hairstylist](#) or learn [how to do a fade haircut](#) in less than 20 minutes!



GREEN THUMB

Are you twiddling your green thumbs, looking for something to do? Local small businesses, like [Little Leaf](#), are now delivering house plants right to your door. Also, [Rock Paper Plant](#) is offering virtual workshops and DIY kits for pick-up!

Plus, check out [She Loves Me](#) for more information on how you can brighten someone's day by sending flowers, with a portion of your purchase going to [We Are Family DC](#).



For more information or to submit content ideas, please reach out to Trisha Joyce at tjoyce@carrprop.com.

Additionally, for real-time announcements and updates surrounding the operations and management of your building, [click here](#).